



## Mindset Cards

Twelve Growth Mindset Statements

Twelve Fixed Mindset Statements

For sorting and role play

I don't understand	I give up	I'm a loser	It's good enough
I don't understand yet but I'm learning	I'll keep trying different strategies	I'm a learner and I learn from mistakes	Is this really my best work?
I'll never be as smart as her	I can't make this any better	I can't read	I'm not good at this
I'm going to figure out what she does and try it	I can always improve. I'll keep working at it.	I'm training my brain to read. My brain can learn new things	I'm on the right track. It takes practice to improve.
I'll never be good at math	This is too hard for me	I can't figure out how to solve this problem	I'm worried I'll make a mistake.
I'm training my brain to do math. My brain can learn new things.	I can learn to do hard things. Everything is difficult before it becomes easy.	Solving problems takes time and effort. I haven't solved it...yet.	If I'm not making mistakes, then I'm not working on hard enough problems.