

Wyatt The Wonder Dog™

Learns About Mindset





Discussion Questions

1. Why does Wyatt feel disappointed and left out this summer?
2. Have you ever tried out for something and not been picked? How did you feel?
3. What did Wyatt love to do at the beach? What do you like to do at the beach?
4. What does Wyatt think is too hard for him to learn to do?
5. What can Wyatt do now that he couldn't do last summer?
6. How did Wyatt learn to be such a good swimmer?
7. What does Wyatt think he is when it comes to playing baseball?
8. What is Grandma really good at? How did she get to be so good?
9. What does Wyatt decide he will try to learn after all?
10. What is something you would like to learn to do that you can't do now?



Answers

1. He wasn't picked for the All Star Traveling Baseball Team
2. _____

3. Build sand castles, chase sea gulls and swimming and running on the shore
4. Balance on a skim board
5. Swim
6. He took swimming lessons and practiced
7. A loser
8. Yoga. She practiced.
9. Balance on a skim board
10. _____



Lesson Plan

Change your Mindset

ASCA National Standard Domain: Behavior – Academic

- A. Students will acquire the attitudes, knowledge and skills contributing to effective learning in school and across the lifespan
- B. Students will make decisions, set goals, and take necessary action to achieve goals.

Objectives: The student will be able to:

- Define the words winning, failing and losing
- Give examples of situations where they felt like winners or losers
- Create a new mindset and re-frame the concept of losing as learning and growing
- Create a new mindset and re-frame the concept of failing a necessary step to winning
- Identify practice and persistence as necessary traits of a winner

Essential Question: What is winning? How is losing or failing a necessary step to winning?

Lesson:

- Begin by playing a game where there is a clear winner and loser. Tic Tac Toe on the board will work well. Divide the class into two teams and have a representative from each play. Each team can cheer for their player.
- Discuss this quote from Ted Turner, “I wasn’t losing, I was learning how to win.”
- Discuss: What does it mean to win or to lose? How do each of these situations feel? Have students give examples of times that they felt like a winner and times they felt like a loser. What can we learn from failing at something? Can someone give an example of failing at something and then later succeeding? How did one event lead to the other? What traits are characteristic of winners? How does your mindset influence your behavior?



- Read **Wyatt the Wonder Dog Learns about Mindset** by Lynne Watts or **Battle of the Chores-Junior Discovers Debt** by Dave Ramsey
- Identify and discuss how the Wyatt feels at the beginning of the story and at the end of the story. What has changed?

Activity:

- Have students create a series of 4-6 pictures that show them failing at something and the necessary steps to take to practice and learn how to successfully complete the task. Some examples might be learning to ride a bike, learning to read a book or tie a shoe.
- Have students write a story about a time that they failed, what they learned from it and how it helped them be successful later. Students can read their stories to the class

Materials:

- **Battle of the Chores-Junior Discovers Debt** by Dave Ramsey
- **Wyatt the Wonder Dog Learns about Mindset** by Lynne Watts

To receive a weekly newsletter with school counseling ideas and lessons plans, visit: www.wyattthewonderdog.com and join Wyatt's Friendship club to sign up.



Mindset Puzzle

L	L	A	B	E	S	A	B	R	N	R	L	P	D	C
M	Q	S	L	M	S	L	O	F	E	Q	R	E	U	B
F	H	J	O	G	B	B	X	F	L	S	A	Q	H	T
G	X	Y	R	U	L	T	M	U	G	Z	O	U	F	D
H	R	E	S	C	V	H	F	H	I	E	L	L	W	E
D	O	A	M	S	F	O	C	T	J	C	B	S	D	T
T	I	M	N	V	W	A	M	U	S	I	D	F	Z	N
D	D	A	X	D	E	I	E	A	D	T	B	V	R	I
U	R	N	R	B	M	D	X	C	K	C	S	W	F	O
I	F	S	X	F	R	A	F	Y	T	A	Y	W	Y	P
D	K	M	E	J	A	G	P	T	J	R	M	A	D	P
W	I	N	N	I	N	G	A	G	R	P	F	S	K	A
L	F	U	H	V	E	Y	R	W	I	N	N	E	R	S
K	P	V	E	T	W	A	I	M	P	T	X	X	G	I
Y	B	M	N	P	W	C	Z	I	O	Q	T	D	F	D

AFRAID

BASEBALL

BEACH

DISSAPPOINTED

GRANDMA

LOSER

PRACTICE

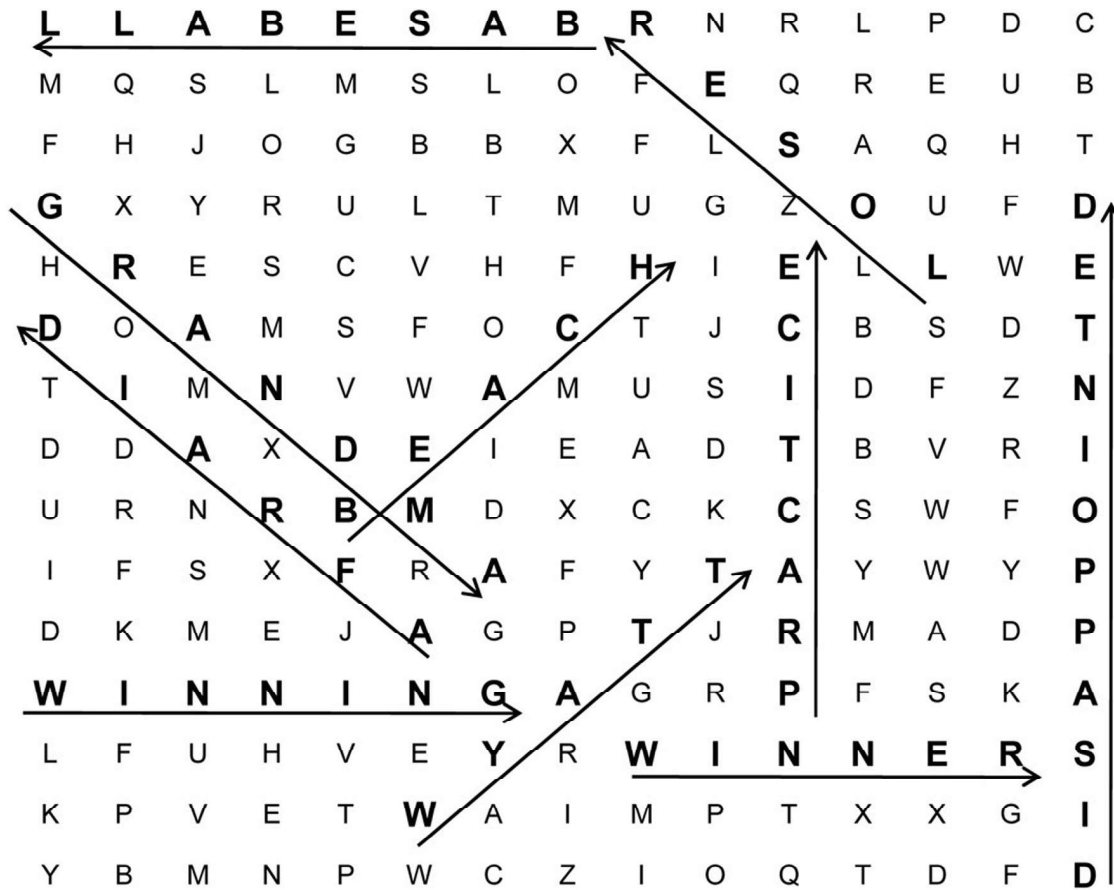
WINNER

WINNING

WYATT

Mindset

Puzzle Solution





Steps to Being a Winner: Practice and Try Again

Draw a picture of you failing at something.	Draw a picture of you trying again.

Draw a picture of you being successful!

Wyatt Coloring Sheets



